



# CONTEMPLATIVE OUTREACH OF ATLANTA

— PRESENTS —

## Introduction to Centering Prayer Workshop

*Saturday, October 20, 2018, 9:00 am – 3:00 pm*

*at Saint Anna's Catholic Church, Monroe, GA*

— REGISTRATION APPLICATION FOR —

Name \_\_\_\_\_

Address \_\_\_\_\_

Phone \_\_\_\_\_ Email \_\_\_\_\_

— REGISTRATION OPTIONS —

- I will register at the workshop. Registration begins at 8:30 am.
- I will register in advance by submitting this form by mail or by dropping off at the St. Anna's office before the workshop (preferred). You may also fill out this form electronically and email as attachment to: [blake@st-anns.com](mailto:blake@st-anns.com).

— FEE & PAYMENT OPTIONS —

Fee for the workshop is \$35 and includes lunch provided by Subway.

- Pay online:** Use the [Onling Giving](#) link St. Anna's website (st-annas.com)
- By check:** Make check payable to: **St. Anna's Catholic Church** and put "**Centering Prayer**" in the memo line and mail to:  
Brandy Lake, 1401 Alcovy Street Monroe, GA 30655

— LUNCH OPTIONS —

Box lunch preferences:  turkey,  ham,  tuna, or  vegetarian

— FOR MORE INFORMATION CONTACT —

Tom Miller at 678-773-8656 or 770-267-6021, or email

[centeringprayerstannasmonroega@gmail.com](mailto:centeringprayerstannasmonroega@gmail.com)

or Maggie Winfrey at 404-717-6815 or [maggie.winfrey@gmail.com](mailto:maggie.winfrey@gmail.com).

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*"Contemplative Prayer is not so much the absence of thoughts as the detachment from them. It is the opening of mind and heart, body and emotions – the whole body – to God . . . beyond words, thoughts, and emotions."*

— *Open Mind, Open Heart, Thomas Keating*