



# CONTEMPLATIVE OUTREACH OF ATLANTA

invites you to  
An Introductory Program  
to Centering Prayer

hosted by Saint Anna's Catholic Church

1401 Alcovy Street, Monroe, GA 30655

– Parish Hall. Park behind the church –

October 20, 2018

9:00 AM – 3:00 PM

Arrivals and registration beginning at 8:30 AM

Register online for \$35 by October 16<sup>th</sup>. Includes Subway lunch.

This 7-session program includes the one-day workshop and six weekly continuing sessions (Approximately 1½ hours each).

Six follow-up workshops begin Monday, October 22 at 7:00 pm.

*“Centering Prayer is a method designed to facilitate the development of contemplative prayer by preparing our faculties to cooperate with this gift. It is an attempt to present the teaching of earlier times (e.g. the 14<sup>th</sup> century book The Cloud of Unknowing) in an updated form and to put a certain order and regularity into it. It is not meant to replace other kinds of prayer; it simply puts other kinds of prayer into a new and fuller perspective. During the time of prayer we consent to God's presence and action within. At other times, our attention moves outward to discover God's presence everywhere.”*

— Father Thomas Keating

— FOR MORE INFORMATION —

Contact Tom Miller at 678-773-8656 or 770-267-6021 or

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